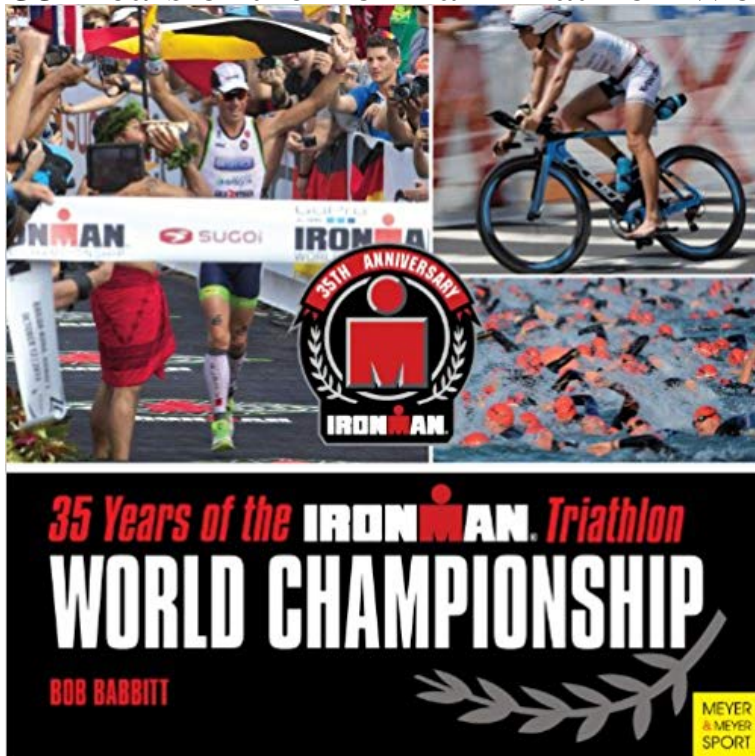


35 Years of the Ironman Triathlon World Championships



Thirty-five years ago, in 1978, Commander John Collins created the Ironman as a way to find out who was the worlds fittest athlete. In the process, he created an event that changes peoples lives forever. Ironman Hall of Fame Inductee Bob Babbitt and some of the world s best photographers share images and stories from the Toughest Day in Sport, the Ironman. This book chronicles an event that, 35 years after its inception, is considered the greatest goal for athletes worldwide and the ultimate showcase for endurance sports. The book will take you inside the Ironman and motivate, inform and inspire you. If your goal is to complete the Ironman, leaf through the pages of this book. You will be motivated to go harder and longer than ever before.

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