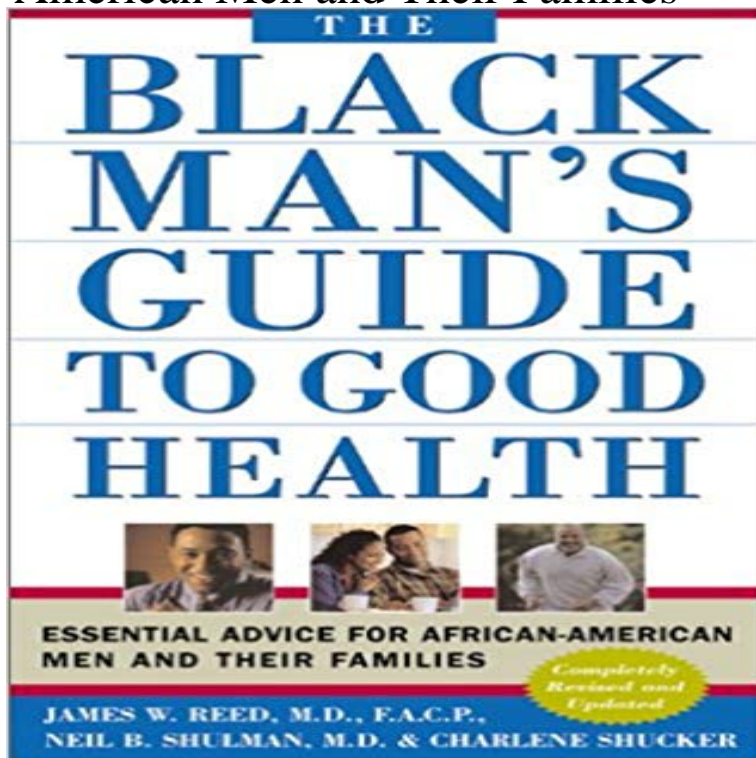


# The Black Mans Guide to Good Health: Essential Advice for African American Men and Their Families



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