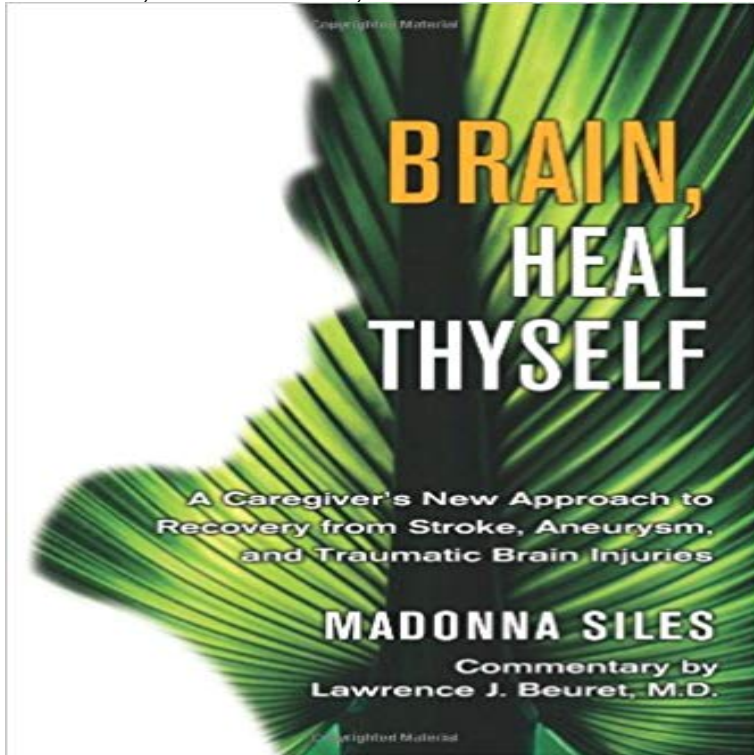


Brain, Heal Thyself: A Caregivers New Approach to Recovery from Stroke, Aneurism, and Traumatic Brain Injury



When Eve suffered a near-fatal brain aneurysm, Madonna Siles, her housemate and friend, too quickly found herself making critical short- and long-term medical care decisions without any help. When the insurance and financial resources ran out and the conventional therapy providers discharged zombie-like Eve to the homecare of a solitary caregiver, both their futures seemed hopeless. Instead of giving up, Siles drew on life experience and her marketing career to develop a rehabilitation program that harnessed the power of the subconscious mind. Using motivational techniques borrowed from the advertising world, she appealed to Eves subconscious to bypass the brain damage and restore normal functioning. In three short years, even the doctors were amazed at Eves recovery and return to a near-normal life. Part memoir, part recovery manual, Brain, Heal Thyself is a guidebook for thousands of shell-shocked individuals who suddenly find themselves having to make life and death decisions for those they love. With humor, warmth, and arresting honesty, Siless lively narrative closely examines not only the patients recovery, but also the crucial role of caregiversand the emotional, financial, and practical pressures they face.

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