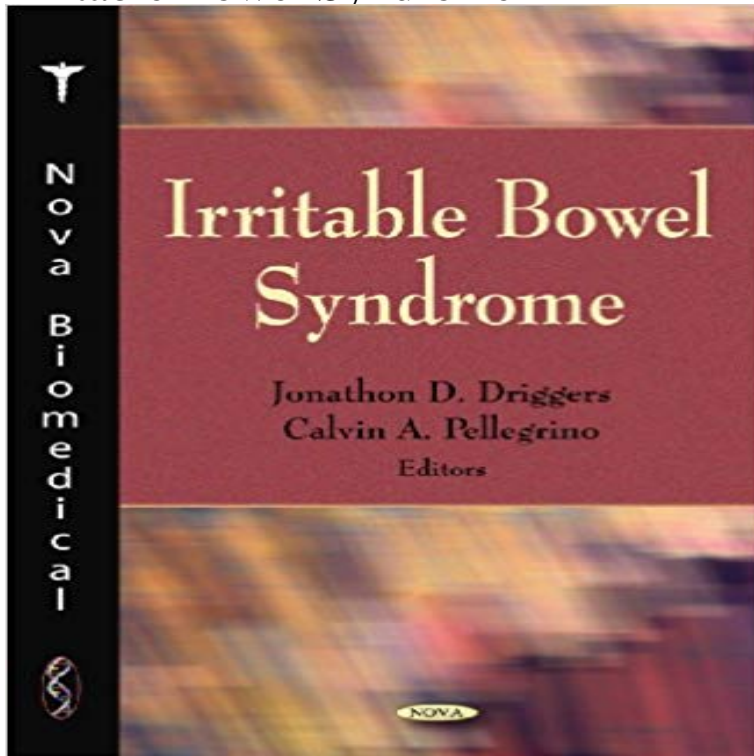


# Irritable Bowel Syndrome



This book examines new research on irritable bowel syndrome, also known as spastic colon, which is a functional bowel disorder characterized by chronic abdominal pain, discomfort, bloating and alteration of bowel habits in the absence of any organic cause. As discussed in this book, although there is no known cure, symptoms can often be relieved through bowel movements and through certain treatments including dietary adjustments, medication and psychological interventions. Irritable bowel syndrome may begin after an infection or a stressful life event. However, the exact cause of irritable bowel syndrome is unknown. This book examines the most common theory, which states that it is a disorder of the interaction between the brain and the gastrointestinal tract, although there may also be abnormalities in the gut flora or the immune system as well. Some researchers have also suggested that irritable bowel syndrome is a type of low-grade inflammatory bowel disease.

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irritable bowel syndrome (IBS) - a comprehensive source of information from the nonprofit IFFGD, the International

**Irritable bowel syndrome - Mayo Clinic** Other names for this disorder include irritable colon, mucous colitis, spastic colon or spastic colitis, and nervous stomach. Although IBS is not dangerous, the **Irritable Bowel Syndrome IBS MedlinePlus** Irritable bowel syndrome cant be cured with medications or special diets but avoiding individual triggers can help prevent it. **Irritable Bowel Syndrome (IBS): Overview & Facts - WebMD** Irritable bowel syndrome (IBS) is a disorder in which abdominal pain is associated with a range of symptoms. Typically, these include **What is IBS? - About IBS** Irritable bowel syndrome (IBS) is a common, long-term condition of the digestive system. It can cause bouts of stomach cramps, bloating, diarrhoea and/or constipation. The symptoms vary between individuals and affect some people more severely than others. **Irritable bowel syndrome Symptoms - Mayo Clinic** Irritable bowel syndrome (IBS) is a common disorder that affects the large intestine (colon). Irritable bowel syndrome commonly causes cramping, abdominal pain, bloating, gas, diarrhea and constipation. IBS is a chronic condition that you will need to manage long term. **Signs and Symptoms - About IBS** In most cases, you can successfully control mild signs and symptoms of irritable bowel syndrome by learning to manage stress and making changes in your diet **IBS/Irritable Bowel Syndrome Symptoms, Causes, Diet & Foods to** Diarrhea and constipation, both signs of irritable bowel syndrome, can aggravate hemorrhoids. In addition, if you avoid certain foods, you may not get enough of **Irritable bowel syndrome (IBS) - Symptoms - NHS Choices** There are three types of irritable bowel syndrome (IBS), each with slightly different symptoms. WebMD helps you understand the difference **Irritable bowel syndrome Treatments and drugs - Mayo Clinic** Irritable bowel syndrome (IBS) is a problem that affects the large intestine. It can cause abdominal cramping, bloating, and a change in bowel **Irritable bowel syndrome - Wikipedia** A number of symptoms that occur together characterize irritable bowel syndrome (IBS). This may confuse you at first. Plus, symptoms will likely **Irritable Bowel Syndrome Health Patient** Its not life-threatening, but irritable bowel syndrome (IBS) can be painful and disrupt your life. Dealing with the constipation, diarrhea, and cramps can be life **Irritable Bowel Syndrome (IBS) - From symptoms to treatment options, find information to help cope with irritable bowel syndrome. Irritable bowel syndrome Causes - Mayo Clinic** Irritable bowel syndrome (IBS) is a common, long-term condition of the digestive system. It can cause bouts of stomach cramps, bloating, diarrhoea and/or **Irritable Bowel Syndrome (IBS) NIDDK** Leading GI specialist and psychiatrist, Dr. Douglas A. Drossman, explains just what Irritable Bowel Syndrome is in plain English. **About IBS** Its not known exactly what causes irritable bowel syndrome, but a variety of factors play a role. The walls of the intestines are lined with layers of muscle that **Types of Irritable Bowel Syndrome (IBS) - WebMD** For every person with irritable bowel syndrome, the pattern of symptoms varies. Learn the symptoms and the warning signs. **Irritable Bowel Syndrome: Practice Essentials, Background** Irritable bowel syndrome (IBS) is a functional GI disorder characterized by abdominal pain and altered bowel habits in the absence of a specific