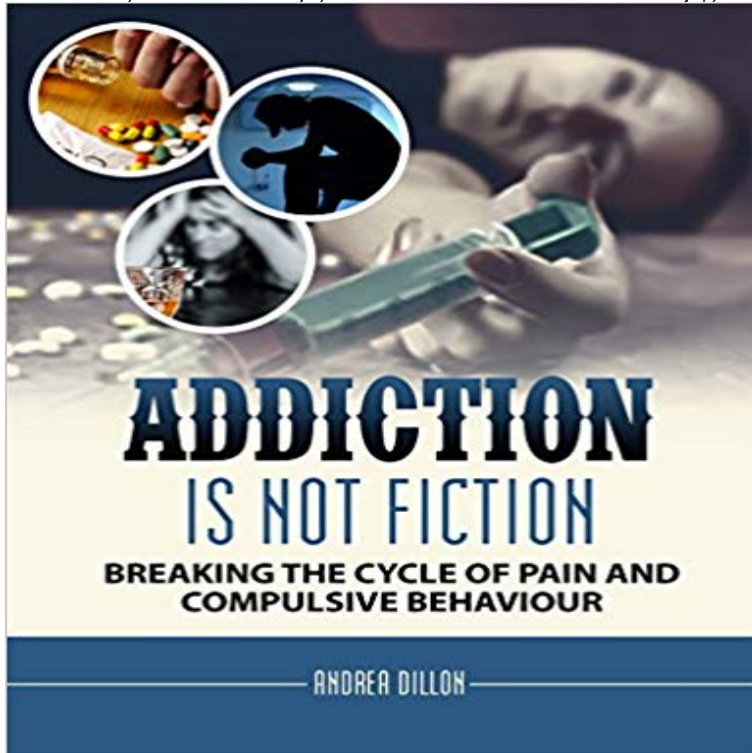


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ADDICTION: BEATING THE SELF-DECEPTION Society has regarded addicts for too long as an unlucky group that deals with unique and incredible challenges. But the fact is that to a greater or lesser extent the challenges of the addict are faced by all of the society. It is beyond doubt in a more is better society that we all have experienced temptations and refused to accept the truth about our self-deceptive behaviors- traits shared by addicts who have overpowered them successfully. Addiction is not fiction: breaking the cycle of pain and compulsive behaviour offers the necessary confronting and wellness skills to conquer such obstacles of life.

LIVE BEYOND RECOVERY, FIND LASTING FREEDOM Facing up to any type of addiction takes much strength and courage. But help is always available for those who seek for it, regardless of how worse the situation is. Addiction is not fiction: breaking the cycle of pain and compulsive behaviour is an encouraging, compassionate and insightful guide for individuals who are at risk or already have become addicted, or who are dealing with an addicted loved one. Learn every detail about addiction, how to deal with it in a strategic manner and how to maintain a sober obsession-free lifestyle. **HERES WHAT YOU'LL GET FROM THE BOOK** Addiction is not fiction: breaking the cycle of pain and compulsive behaviour offers a proven way toward an emotional sobriety and a pleasing new life based on self-respect, dignity and gratitude. Keeping the focus mainly on drug addiction and its treatment plans, the book covers all major addictions and effective coping strategies to combat those diseases. The book will help you discovering how to: * Identify the causes for addiction * Select the best treatment plan * Manage relapses and slips * Detect addictions in a near one * Find support and help Delivered with warmth, optimism, and humor, the book describes a

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paradigm shift for the field. Unearth various treatment options as well as tips for managing the system, and practice what really works in therapy and in everyday life. And most importantly-have hope: this book is outlined not only to assist someone change, but to assist someone want to change. Download a copy now!

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